

UNLOCK

POSSIBILITY – POTENTIAL – PURPOSE
FOR YOURSELF AND OUR VILLAGE PARTNERS



THE
HUNGER
PROJECT
AUSTRALIA

“THE PROGRAM WAS AN EXPERIENCE THAT GREW ME IN SO MANY WAYS, A SAFE PLACE TO DISCOVER MY FULL POTENTIAL.”

- PRUE AJA, CREATIVE DIRECTOR

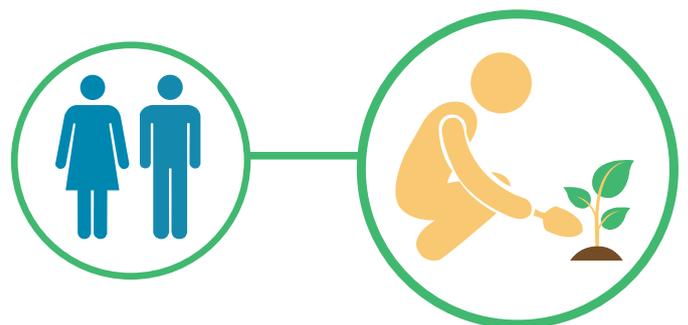
UNLIMITED POTENTIAL
NEW POSSIBILITIES
LEADERSHIP IN ACTION
OPPORTUNITY TO
REDEFINE YOUR PURPOSE
COURAGEOUS
CONVERSATIONS
KNOWLEDGE IS POWER

WHO IS THE HUNGER PROJECT?

The Hunger Project is a global non-government organisation whose goal is to end hunger by 2030, and works in Africa, India, Bangladesh and Latin America.

OUR APPROACH IS DIFFERENT

We see people living in hunger as the solution, not the problem. We shift the mindsets of women and men so they transform into leaders for the sustainable end of hunger.



WHAT IS THE PROGRAM?

From the village classroom in Malawi, you will learn from the most unlikely leaders who have created impact through mindset shift and direct action to successfully lead and inspire change. Immersed in the remote villages of Malawi, witnessing transformation of communities from poverty to prosperity, you will experience a living demonstration of the art of what is possible.

The journey starts when you are accepted to be one of 15 people who take on fundraising at a level that challenges you (\$10,000 minimum). This leadership act will have you shift gears and take actions that stretch you out of your comfort zone. You will become an expert in having bold and courageous conversations to gain support for your journey. Achieving your fundraising target is the first step to unlocking your possibility, potential and purpose. Next, the 6-day immersion program in Malawi will give you the opportunity to learn from those who have transformed the lives of their family and community through shifting their mindsets from 'I can't' to 'I can' to 'We can'.

THE UNLOCK PROGRAM IS DESIGNED TO SHIFT LIMITING MINDSETS AND ASSIST YOU IN CREATING A NEW VISION FOR YOURSELF, YOUR BUSINESS AND YOUR WORLD.

HOLISTIC APPROACH

Through The Hunger Project's programs, we empower people with the skills, knowledge and resources they need to break the poverty cycle themselves. Our approach is proven to work – to date 25 communities in Africa are now self-reliant, living lives free from hunger and poverty.

EDUCATION MICROFINANCE AGRICULTURE



EMPOWERMENT

HEALTH



“THP OFFERS AN OPPORTUNITY OF A LIFETIME TO LEARN FROM INSPIRING INDIVIDUALS FROM ALL FACETS OF LIFE WITH ONE THING IN COMMON - CHANGE YOUR MINDSET AND YOU CAN ACHIEVE ANYTHING!! A KEY LESSON WHICH HAS GIVEN ME PURPOSE BOTH PROFESSIONALLY AND PERSONALLY.”

**- IMAN HARRAK,
GENERAL MANAGER, RANDSTAD**

PROGRAM ITINERARY

WHERE WILL WE GO?

We will travel throughout Malawi visiting villages where The Hunger Project works to transform the lives of the community. You will meet with community leaders and learn from their powerful stories of courage, strength and resilience.

WHAT WILL WE DO?

You will participate in a series of interactive workshops, village visits, group discussions and reflection activities that will facilitate insight and drive a powerful, personal journey. Learning through observation and applying these lessons to your personal context, you will explore strategic, influential, bottom-up drivers of mindset shift that will allow you to drive change, shift ingrained perspectives and implement action for yourself and your community.

PROGRAM OUTCOMES

As well as being able to see first-hand how your fundraising can catalyse real change in communities fighting hunger and poverty, the program will also provide you with:

DEVELOPING PERSONAL & PROFESSIONAL LEADERSHIP:

- Fostering courageous conversations and actions
- Unleashing the hidden leader in all
- Being present and intentional
- Clarifying purpose
- Embedding personal ownership

POWER OF MINDSET:

- Identifying and challenging unconscious belief systems
- Unlocking personal or professional challenges
- Creating an inspiring vision for your future
- Developing an action plan for achieving your vision



“THE PROGRAM IS BOTH HUMBLING AND INSPIRING. YOU GET TO SEE FIRST-HAND HOW THE MONEY RAISED IS USED, AND WHAT A TREMENDOUS DIFFERENCE YOUR EFFORT CAN MAKE IN RURAL COMMUNITIES. IT WILL CHANGE THE WAY YOU SEE THE WORLD. AN OPPORTUNITY LIKE THIS DOES NOT COME AROUND OFTEN - IF EVER - SO YOU'D BE CRAZY NOT TO TAKE IT.”

- JOE LEECH, FOUNDER, DIETVSDISEASE.ORG



Photo credit: Prue Aja Photography

“FROM A PROFESSIONAL POINT OF VIEW, I WAS REMINDED ABOUT THE STRENGTH OF PARTNERSHIPS. I WAS HUMBLLED AT THE PARTNERSHIPS THAT EXISTED IN UGANDA BETWEEN GOVERNMENT, COMMUNITY AND THE HUNGER PROJECT. THIS IS A LONG-TERM STRATEGY WHERE EACH PARTNER IS COMMITTED TO A SUSTAINABLE OUTCOME.”

**- VANESSA PORTER,
MANAGING DIRECTOR, ALL OF YOU**

SATURDAY	ARRIVAL AT INTERNATIONAL AIRPORT, MALAWI WELCOME DINNER MEALS: D
SUNDAY	DEEP DIVE INTO THP'S MODEL OF LEADERSHIP, MINDSET SHIFT AND COMMUNITY-LED DEVELOPMENT MEALS: B, L, D
MONDAY TUESDAY WEDNESDAY	VISIT VILLAGES AND COMMUNITIES AT DIFFERENT STAGES OF DEVELOPMENT DINNER AND DISCUSSION MEALS: B, L, D
THURSDAY	GAME PARK DRIVE MEALS: B, L, D
FRIDAY	BRINGING IT HOME WORKSHOP - UNLOCKING LEADERSHIP DISTINCTIONS CELEBRATION DINNER MEALS: B, L, D
SATURDAY	DEPARTURE FROM INTERNATIONAL AIRPORT, MALAWI MEALS : B
SUNDAY	ARRIVE AUSTRALIA

*Itinerary is subject to change

KEY INFORMATION

6 DAY PROGRAM

17th November - 22nd November 2019

ARRIVAL DATE:

16th November 2019

DEPARTURE DATE:

23rd November 2019

NUMBER OF PARTICIPANTS:

Maximum 15 participants

FUNDRAISING TARGET:

\$10,000 minimum per participant

ADDITIONAL COSTS:

\$3,500 On-Ground Costs (See inclusions and exclusions) - including a non-refundable registration fee of \$1,000 due within two weeks of being accepted on the program. Remaining cost payment due the 17th August 2019.

FUNDRAISING DUE:

17th October 2019

MINIMUM AGE:

18 years old (younger applicants considered on application)

MORE INFO:

W: www.thp.org.au/unlock

E: unlock@thp.org

P: (02) 9222 9088



WHAT'S INCLUDED?

- ✓ Accommodation for program dates listed
- ✓ Airport transfers in Malawi upon program arrival & departure
- ✓ All group meals as per itinerary
- ✓ Bottle water and snacks
- ✓ Private transport throughout Malawi
- ✓ All workshops and community visits included in itinerary
- ✓ Celebration dinner
- ✓ THP Malawi Program Staff including translators
- ✓ Program facilitator and support staff
- ✓ Basic first aid kit
- ✓ Bottled water

WHAT'S NOT INCLUDED?

- International flights
- Travel excursions not listed in itinerary
- Travel insurance (compulsory)
- Vaccinations (please consult a travel vaccination specialist for up to date information)
- Visas
- Airport transfers outside the itinerary
- Hotel room charges for laundry, phone calls, room service meals and expenditure of a personal nature
- Alcoholic beverages

FREQUENTLY ASKED QUESTIONS

Is Travelling To Malawi Safe?

Yes! According to the Australian Government's Smart Traveller website Malawi is ranked as green 'Exercise normal safety precautions'. This green rating is the same travel advice given for Australia. The Hunger Project also takes necessary precautions to reduce risk to safety like having privately hired drivers and vehicles, ensuring everyone is accounted for through a buddy system and making sure people are not travelling alone at night. However, you do need to be aware of the risks associated with travelling to developing countries. We recommend reading the advice provided on the Smart Traveller website and registering your travel with them.

Is there Fundraising Support?

We understand that fundraising \$10,000 can be daunting at first, however, we are here to support you every step of the way and make sure you have what you need to reach your target. We will provide you with an easy to use online fundraising page, digital content such as images for your social media, advice on running fundraising events and ongoing guidance throughout the process.

What happens if I can't meet the fundraising target?

If you are unable to meet the fundraising target by the scheduled due date you will be required to personally invest the difference between your fundraising and the target.

Do I need travel insurance?

Travel insurance is compulsory when travelling with The Hunger Project. You will be responsible for arranging your own travel insurance and ensuring that you have the appropriate coverage.

What vaccinations do I need?

It is best to contact your doctor or a travel doctor to assess what vaccinations you may need to travel to Malawi. Please do this as soon as possible upon acceptance into the program.

What about the food?

The meals included in the program are detailed in the itinerary. Your health is our priority in Malawi and we will ensure that there is sufficient food throughout the program. We will do our best to cater for dietary requirements, however, it can be hard in developing countries where this may not be the norm. If you do have dietary requirements, please ensure this is clearly communicated to our program staff.