

A no-nonsense Nutritionist that has a unique ability to connect with the next generation about what and how they eat in a way that is educational, sustainable and wildly entertaining. A little different from the 'Normal Nutritionists' because quite frankly she doesn't do boring. Rosie will give you the nitty gritty facts as fast and simply as possible. Thinking of herself a little digestive enzyme that breaks down nutrition into bite-size digestible chunks for you to go away and marinate. Rosie is also a top 50 restaurant reviewer on [Zomato](#), forever seeking the coolest eats in both Sydney and Melbourne. Follow her culinary journey on [Instagram](#) and [Facebook](#).